

All Shook Up

Descrizione: Phrased, 1 wall
Livello difficoltà: advanced line dance
Musica: All Shook Up by Billy Joel
Sequenza: AB, ABC, ABC, ABA

PART A:

SHUFFLE FORWARD LEFT AND RIGHT

1&2 Shuffle forward on left, right, left
3&4 Shuffle forward on right, left, right

GRAPEVINE LEFT AND TOUCH

5 Step left foot to left
6 Step right foot to left behind left
7-8 Step left foot to left, touch right on 4th count

SHUFFLE BACKWARDS RIGHT AND LEFT

9&10 Shuffle backwards on right, left, right
11&12 Shuffle backwards on left, right, left

GRAPEVINE RIGHT AND TOUCH

13 Step right foot to right
14 Step left foot to right behind left
15-16 Step right foot to right, touch left on 4th count

WALK FORWARD LEFT, RIGHT, LEFT, KICK RIGHT

17-19 Walk forward on left, right, left
20 Kick right

WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT

21-23 Walk back on right, left, right
24 Touch left foot stomp, clap, hold
25-26 Stomp left to left side, clap hands
27-28 Hold for two beats

ROLL HIPS TWICE (ELVIS HIPS!)

29-32 Roll hips twice in two complete circles

PART B:

GRAPEVINE LEFT AND TOUCH

33 Step left foot to left
34 Step right foot to left behind left
35-36 Step left foot to left, touch right foot

PIVOT ½ LEFT TWICE

37Step forward on right,
38Pivot ½ left moving weight to left foot
39Step forward on right
40Pivot ½ left moving weight to left foot

GRAPEVINE RIGHT AND TOUCH

41Step right foot to right
42Step left foot to right behind left
43-44Step right foot to right, touch left on 4th count

PIVOT ½ RIGHT TWICE

45Step forward on left
46Pivot ½ right moving weight to right foot
47Step forward on left
48Pivot ½ right moving weight to right foot

PART C:

STEP LEFT, RIGHT BEHIND, STEP LEFT, PIVOT ½ LEFT & HITCH RIGHT

97-100Step forward on left, step right behind left, step forward on left, pivot ½ left on ball of left foot and hitch right at the same time

WALK BACKWARDS RIGHT, LEFT, RIGHT, LEFT

101-104Walk backwards on right, left, right, left

ROLL KNEES LEFT, RIGHT, LEFT, RIGHT

105-108Roll knees left, right, left, right as you walk forward
109-120Repeat steps 97-108 (Part "C")