

Ski Bumpuss

Choreographed by Linda De Ford

Descrizione : 40 count, 1 wall, line/contra dance

Musica: "Ski Bumpis" by Wickline Band, "I Want To Be The First One" by Darryl & Don Ellis, "Man! I feel like a woman" by Shania Twain

SHUFFLE, SHUFFLE, STEP-PIVOT (TWICE)

1&2 Shuffle starting with right foot angle body 45 degrees to left (right, left, right)

3&4 Shuffle starting with left foot angle body 45 degrees to right (left, right, left)

5-6 Step forward on right foot, turn ½ turn to the left moving weight to left foot

7&8 Shuffle starting with right foot angle body 45 degrees to left (right, left, right)

9&10 Shuffle starting with left foot angle body 45 degrees to right (left, right, left)

11-12 Step forward on right foot, turn ½ turn to the left moving weight to left foot

BOX STEPS

13-14 Cross-step right foot in front of left foot, step back on left foot

15-16 Step to the right side with right foot, step forward with left foot

17-18 Cross-step right foot in front of left foot, step back on left foot

19-20 Step to the right side with right foot, step forward with left foot

TOUCH, STOMP (4 TIMES)

21-22 Touch right foot out to right side, stomp with right foot

23-24 Touch left foot out to left side, stomp with left foot

25-26 Touch right foot out to right side, stomp with right foot

27-28 Touch left foot out to left side, stomp with left foot

KICK-BALL-CHANGE, KICK-BALL-CHANGE, STEP-PIVOT (TWICE)

29&30 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight front ball of right foot to the left foot (weight stays on left foot)

31&32 Kick out with right foot and bring back & place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)

33-34 Step forward on right foot, turn ½ turn to the left moving weight to left foot

35&36 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)

37&38 Kick out with right foot and bring back and place beside left foot with quick weight change by shifting weight from ball of right foot to the left foot (weight stays on left foot)

39-40 Step forward on right foot, turn ½ turn to the left moving weight to left foot